

**VISION PROBLEMS: GLAUCOMA***1 Kings 12; John 18:20-19:16; Philippians 4:4-9*

Glaucoma is a disease that occurs when fluid builds up in the front part of your eye causing pressure in your eye and damaging the optic nerve, leading to blindness. The pressures of life can impact our faith and spiritual vision, leading us to make bad decisions, spiritual blindness, and unbelief. This is spiritual glaucoma.

**Biblical examples of spiritual glaucoma:** Rehoboam and Pilate

**Pre-Pressure Prep: Habits of Jesus**

1. Know who you are and whose you are (Matthew 3:17)
2. Know scripture (Matthew 4:1-11)
3. Spend regular time alone with God (Mark 1:32-29; Luke 5:16)
4. Find good Christian friends (Matthew 26:36-45)

**Dealing with the pressure: Guidance from the Apostle Paul**  
(Philippians 4:4-9)

1. Remember the Big Picture

*Rejoice in the Lord always. I will say it again: Rejoice! v4*

2. Turn the situation over to God and trust him.

*Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. <sup>7</sup> And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. vv6-7*

3. Find the good and focus on that.

*Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things... v8*

4. Live like Jesus would if he were in your shoes.

*Whatever you have learned or received or heard from me, or seen in me—put it into practice. v9*

*Let your gentleness be evident to all. v5*

.....  
**What is God saying to me?**

**What am I going to do about it?**

**Love God, Love Others, Learn Jesus, DO SOMETHING!**

Today's sermon can be found on our website [beaverdambaptist.org](http://beaverdambaptist.org)