## **UPSCALE CLOTHING**

Ephesians 4.17-32

<sup>22</sup> You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; <sup>23</sup> to be made new in the attitude of your minds; <sup>24</sup> and to put on the new self, created to be like God in true righteousness and holiness.

Ephesians 4.22-24

How can we be made new in the attitude of our minds in order to put on the new self?

## 1. REPENT

Create in me a pure heart, O God, and renew a steadfast spirit within me.

Psalm 51.10

## 2. **RE-MEMBERING** – putting back together

• Live in **AWARENESS** 

Where can I go from Your Spirit? Or where can I flee from Your presence? If I ascend to heaven, You are there; If I make my bed in Sheol, behold, You are there.

Psalm 139:7-8

**Be alert and of sober mind**. Your enemy the devil prowls around like a roaring lion looking for someone to devour. 1 Peter 5.8

The wisdom of the prudent is to **give thought to their ways**, but the folly of fools is deception.

Proverbs 14:8

• **RENEW** your thoughts and mind.

Do not conform to the pattern of this world, but be transformed by the renewing of your mind.

Romans 12.2

• **REFRESH** your spirit

## 3. RELY on the HOLY SPIRIT

But the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you.

John 14.26

For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline.

2 Timothy 1.7

What is God saying to me?

What am I going to do about it?

Love God, Love Others, Learn Jesus, DO SOMETHING!

Today's sermon can be found on our website beaverdambaptist.org