

THE MOST IMPORTANT WASTE OF TIME THERE IS

Luke 4.40-44

In continuing to introduce us to Jesus, Luke shares about an important part of Jesus' day.

But Jesus often withdrew to lonely places and prayed. Luke 5.16

Why was it so important that Jesus went off to spend time in prayer? (and how is it beneficial for us?)

1. ...to get some **MENTAL REST** and **REJUVENATION**.

...the people brought to Jesus all who had various kinds of sickness, and laying his hands on each one, he healed them. v41

2. ...to **KEEP FOCUSED** on his mission and purpose.

"I must proclaim the good news of the kingdom of God to the other towns also, because that is why I was sent." v43

But more than anything else, put God's work first and do what he wants. Then the other things will be yours as well. Matthew 6.33 (CEV)

3. ...to **RECEIVE GUIDANCE** for important decisions he had to make.

(Luke 5.1-11)

4. ...to be **REWARDED** with his Father's **PRESENCE**.

"O God, you are my God, earnestly I seek you..." Psalm 63.1

"My soul yearns, even faints, for the courts of the Lord..." Psalm 84.2

Why is spending time alone with God so difficult?

What will help us to become good pray-ers?

- Find a good **PLACE**

- Find a good **TIME**

- Be **QUIET**

"Be still, and know that I am God..."

Psalm 46.10

- Open your **HEART** to God in **PRAYER**. For help, read the Psalms just like Jesus.

- **DON'T GIVE UP!**



Download a set of thoughtfully written prayers for morning, noon, and night using this QR code.

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What is God saying to me?

What am I going to do about it?

Love God, Love Others, Learn Jesus, DO SOMETHING!

Today's sermon can be found on our website beaverdambaptist.org