

LIVING THE GOOD LIFE

Ephesians 3.14-21

We are surrounded by sources of stress in our everyday lives. But God would have us to experience the good life, filled with joy and peace. The Apostle Paul reveals how we get there.

Paul prays that the Ephesian believers would be strengthened in their inner being (v 16). Our inner being is our:

REASON

CONSCIENCE

WILL

PAUL’S PRAYER REVEALS 3 AREAS TO FOCUS ON:

- 1. That we EAT, DRINK, SLEEP, LIVE and BREATHE Jesus. *...so that Christ may dwell in your hearts through faith. V17*
Or, more importantly that WE DWELL in CHRIST!

- 2. That we establish a STRONG FOUNDATION to our faith.
...being rooted and established in love... V17

Matthew 7.24-27, Psalm 1.1-6

- 3. That we discover how much GOD LOVES US. *...may have power, together with all the Lord’s holy people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge... v18-19*

Recall the Father in the parable of the prodigal son of Luke 15

When we do, we experience THE GOOD LIFE. *...that you may be filled to the measure of all the fullness of God. V19*

I came so they can have real and eternal life, more and better life than they ever dreamed of.
John 10.10

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What is God saying to me?

What am I going to do about it?