

## THE SECRET TO THANKSGIVING

*Philippians 4.4-13*

How is Paul able to maintain such a great attitude of thanksgiving while in prison?

### 3 elements that enable Paul to live a life of gratitude despite his current situation:

- An acute realization of the **PRESENCE** of God  
*The Lord is near... v5*
  
- An unexplainable encounter with the **PEACE** of God  
*And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. v7*
  
- An energizing strengthening by the **POWER** of God  
*I can do all this through him who gives me strength. v13*

### Paul learned the secret of gratitude:

*I have learned the secret of being content in any and every situation... v12*

1. It began with **A RELATIONSHIP WITH JESUS CHRIST** .

*I can do all this **through him** who gives me strength. v13*

2. It continued by learning.

*I have learned the secret of being content.... v12*

We learn by **PRACTICE, PRACTICE, PRACTICE** .

- ◆ We practice **READING** the **BIBLE** with Jesus.
  
- ◆ We practice **PRAYER** with Jesus.
  
- ◆ We practice **FOLLOWING THE WAYS** of Jesus.

### How are you learning?

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What is God saying to me?

What am I going to do about it?

Love God, Love Others, Learn Jesus, DO SOMETHING!

Today's sermon can be found on our website [beaverdambaptist.org](http://beaverdambaptist.org)