

How to Change the World When You're Afraid, Troubled, Confused, Doubting, Depressed, etc.

Luke 24.44-53

- A. The disciples experience a range of emotions after Jesus' resurrection

- B. Jesus appears to the disciples and reassures them

- C. Lessons we can learn from Jesus and the disciples before his Ascension

1. **LEARN** the **BIBLE**

Then he opened their minds so they could understand the Scriptures... v45

But as for you, continue in what you have learned and have become convinced of, because you know those from whom you learned it, and how from infancy you have known the Holy Scriptures, which are able to make you wise for salvation through faith in Christ Jesus. All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the servant of God may be thoroughly equipped for every good work.
2 Timothy 3.14-17

2. **LIVE** the **LIFE** Jesus **TEACHES**

You are witnesses of these things. v48

Follow my example, as I follow the example of Christ. 1 Corinthians 11.1

To this you were called, because Christ suffered for you, leaving you an example, that you should follow in his steps. 1 Peter 2.21

3. **LEAN** into the **POWER** of the **HOLY SPIRIT** .

I am going to send you what my Father has promised; but stay in the city until you have been clothed with power from on high. v49

But very truly I tell you, it is for your good that I am going away. Unless I go away, the Advocate will not come to you; but if I go, I will send him to you. John 16.7

May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit. Romans 15.13

4. **LEAVE** this **PLACE** with God's **BLESSING**

...he lifted up his hands and blessed them. v50



What is God saying to me?

What am I going to do about it?