

## R<sub>x</sub> for a Hard Heart

Mark 6.45-52

*...for they had not understood about the loaves; their hearts were hardened.*

Mark 6.52

### What hardened the disciples hearts?

1. They misunderstood Jesus' **KINGDOM**.

*After the people saw the sign Jesus performed, they began to say, "Surely this is the Prophet who is to come into the world." Jesus, knowing that they intended to come and make him king by force, withdrew again to a mountain by himself.*

John 6.14-15

2. They were **WORE OUT**.

*...the disciples straining at the oars... v48*

3. They did not live **TRUSTING IN GOD**.

*...they were terrified... v50*

4. They had an understanding of God that **WAS TOO SMALL**.

*...they were completely amazed... v51*

## R<sub>x</sub> for a Hard Heart

*"Take courage! It is I. Don't be afraid."* v50

- Daily dose of God's **GRACE**

*Let us then approach God's throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.*

Hebrews 4.16

- An infusion of Jesus' **PRESENCE**

*Where can I go from your Spirit? Where can I flee from your presence?*

Psalm 139.7

- Regular spiritual **EXERCISE**

*For physical training is of some value, but godliness has value for all things, holding promise for both the present life and the life to come.*

1 Timothy 4.8

*Do not conform to the pattern of this world, but be transformed by the renewing of your mind.*

Romans 12.2

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What is God saying to me?

What am I going to do about it?