

Lent 2: "Giving Up Ingratitude"

Jonah 1.17 - 2.10

How to show gratitude when the bottom drops out:

1. Recognize that God is **AT WORK**.

You hurled me into the depths, into the very heart of the seas, and the currents swirled about me; all your waves and breakers swept over me.
Jonah 2.3

2. **TURN BACK** to God.

I said, 'I have been banished from your sight; yet I will look again toward your holy temple.' v4

Those who cling to worthless idols turn away from God's love for them. v8

3. Thank God for his **COMPASSION** and **GRACE**.

To the roots of the mountains I sank down; the earth beneath barred me in forever. But you, Lord my God, brought my life up from the pit. v6

4. Renew your **COMMITMENT** to God.

But I, with shouts of grateful praise, will sacrifice to you. What I have vowed I will make good. I will say, 'Salvation comes from the Lord.' v9

1. **WORSHIP**

2. Sacrifices- **TIME, TALENTS, MONEY**

3. **WITNESS**



What is God saying to me?

What am I going to do about it?