

“When Everyone Wants a Piece of You”

Mark 1.35-45

A. A Picture of Jesus’ Crazy Life

The whole town gathered at the door... Mark 1.33

“Everyone is looking for you!” Mark 1.37

B. Jesus’ plan for staying sane and remaining effective or what to do when everyone wants a piece of you.

He **GOT AWAY**, he **GOT ALONE** and spent time with **HIS FATHER**. v35

This was a **HABIT** in Jesus’ life.

Jesus went out as usual to the Mount of Olives, and his disciples followed him... He withdrew about a stone’s throw beyond them, knelt down and prayed...

Luke 22.39-41

C. Why this was a priority for Jesus? He needed to:

REST his body.

REFRESH his **MIND** and **SOUL**.

REFLECT on the previous day’s work.

REMEMBER his mission and purpose. v38

REALIZE the Father’s plans for him in the day ahead.

D. Jesus as our model. The purpose of a daily quiet time. (from Rick Warren)

1. To Give **DEVOTION** to God

Ascribe to the Lord the glory due his name; worship the Lord in the splendor of his holiness.

Psalm 29.2

Key Word: **GRATITUDE**

2. To Get **DIRECTION** from God

Show me your ways, Lord, teach me your paths. Guide me in your truth and teach me, for you are God my Savior, and my hope is in you all day long.

Psalm 25.4-5

Give careful thought to the paths for your feet and be steadfast in all your ways.

Proverbs 4.26

...in all your ways submit to him, and he will make your paths straight.

Proverbs 3.6

Commit everything you do to the Lord. Trust him, and he will help you.

Psalm 37.5 (NLT)

Key Words: **MISSION** and **PURPOSE**

3. To Gain **DELIGHT** in God

Take delight in the Lord, and he will give you the desires of your heart.

Psalm 37.4

You make known to me the path of life; you will fill me with joy in your presence, with eternal pleasures at your right hand.

Psalm 16.11

Key Words: **JOY** and **ABUNDANT LIFE**

4. To Grow **DAILY** like God

So all of uscan see and reflect the glory of the Lord. And the Lord—who is the Spirit—makes us more and more like him as we are changed into his glorious image.

2 Corinthians 3.18 (NLT)

Key Word: **WISDOM**

E. How to begin a daily quiet time

1. Select a time - morning is best. **UNPLUG**

2. Select a special place. **SOLITUDE**

3. Gather the resources you’ll need - bible, devotional, prayer book, notebook and pen.

4. Go to bed on time.

5. Be aware of quiet time robbers- Netflix, re-runs, FB, Fallon, etc.